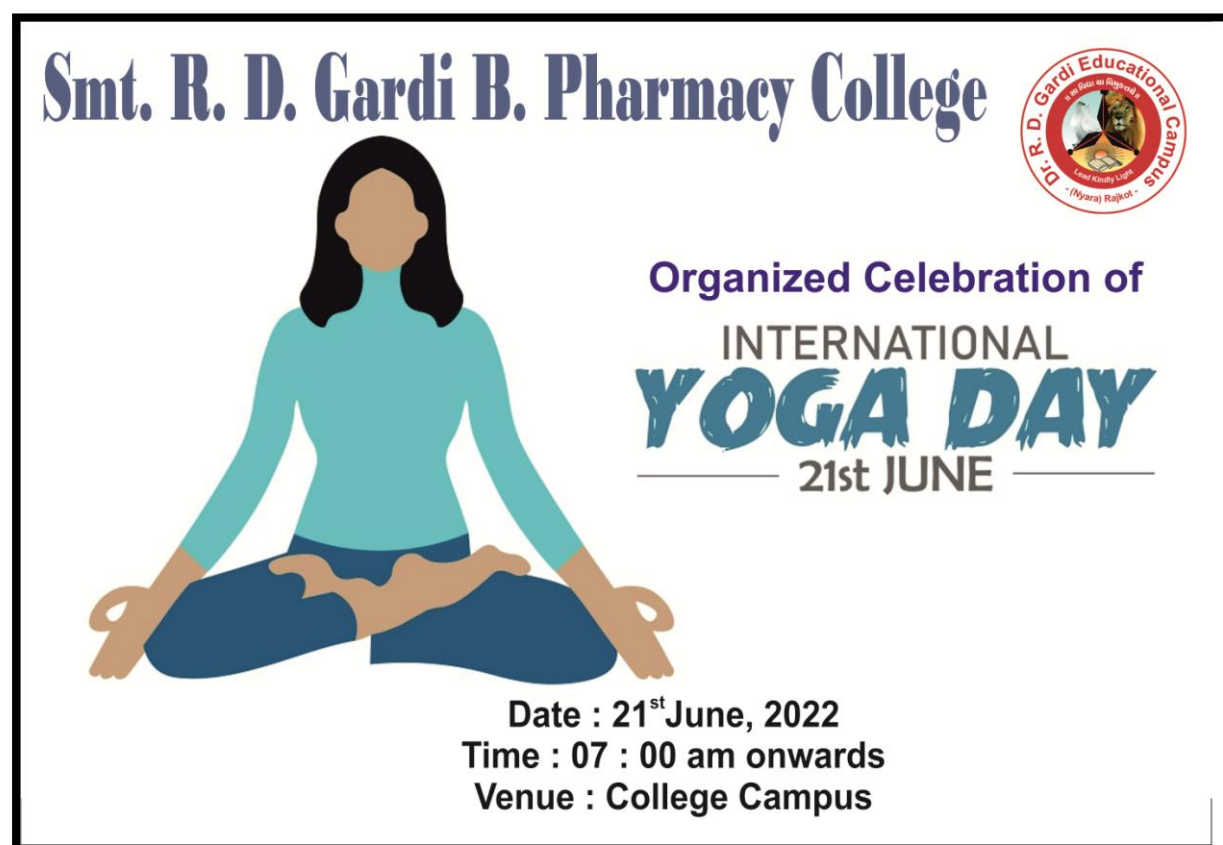


GLIMPSE OF THE EVENT

Smt R. D. Gardi B. Pharmacy College in Rajkot organized the eighth **International Yoga Day** on **June 21st, 2022**. Every year on June 21, the globe celebrates International Yoga Day to bring attention to this age-old discipline and to recognize the benefits yoga had on people's physical and spiritual well-being. Yoga is a practice that is effective for calming the body and mind and enhancing one's immune system. Professors and students gathered with a lot of excitement and demonstrated the various Asanas . Finally the session was concluded by Principal- Dr Shital D. Faldu by delivering vote of thanks.



Smt. R. D. Gardi B. Pharmacy College

Organized Celebration of
INTERNATIONAL
YOGA DAY
21st JUNE

Date : 21st June, 2022
Time : 07 : 00 am onwards
Venue : College Campus